



Combat Dynamics Group

Creating dangerous Americans

Armed Citizen's Tactical Medicine Synopsis

Scope: The purpose of this 2-day event is to give those who are frequently armed the knowledge and ability to perform potentially life-saving medical treatments to themselves or other in the event that they, or others, sustain potentially life-threatening injuries during a deadly confrontation.

Most people who train with knives or firearms train to "win the fight". The reason we train to "win the fight" is that we consider it a matter of survival. However, those who train to "win" rarely train to **survive** if they (or another, possibly a loved one) sustain significant injuries during the fight.

Most people do not carry emergency medical supplies with them; even those who carry a firearm every day. Because of this reality, CDG's Armed Citizen's Tactical Medicine training will focus on field expedient emergency treatments. In the TV show "MacGyver", the main character could save the world with a paperclip. We're going to teach you how to save lives with little more than that!

For those who do carry emergency medical gear with you, we will also be addressing the most effective live-saving application of those resources.

Who will benefit from this training? A better question might be; Who would not benefit from this training? I cannot think of a single American who will not benefit from this training! Who is it that would not benefit from knowing how to save lives in a medical emergency with the common items that are usually nearby? And if you routinely carry a firearm, this training is all the more important for you (especially if you're a "sheepdog" because we don't have the freedom not to act when duty calls).

Example #1: You, your wife, and your 13-year-old daughter are at the mall. As you're strolling through the mall, chatting with your wife and daughter, you suddenly see a look of shock on your wife's face. You look where she appears to be looking and you see a man pointing a gun at a woman. He pulls the trigger and swings the muzzle toward another person. You scream at your wife "GET DOWN!!!" Suddenly your gun is in your hand and you're bringing your sights up to his torso. (Later you will be unable to recall ever reaching for your weapon.) He senses your

movement and starts to swing his gun toward you. A part of your mind academically tells you he will not win because you're ahead of him on the curve. Time seems to have slowed; everyone and everything is moving in slow motion. You clearly see your front sight against his thoracic in a flash sight picture. PRESS, PRESS, PRESS, PRESS. You hear nothing and feel no recoil, but you see him flinch four times in rapid succession. Even as he flinches you can see he is still trying to get shots off at you. His gun hand flails wildly and he presses off a few un-aimed shots in your direction. Because you're already dashing to cover, his shots pass harmlessly by you.

You're behind a small concrete water fountain. You glance back and see that your wife and daughter are in a store doorway area, with your wife covering your daughter with her body. They're safe; excellent! You scan the area for additional assholes, see none, and then focus on the bad guy who is lying motionless; his gun about 8 feet from him. The pool of blood forming off to one side of him is large and getting larger quickly. You hear yelling and running footsteps. You look up at the second floor and see two police officers, guns drawn, running down the escalator toward the location of the shooting. You make your decision.

You quickly perform a tactical reload and holster your weapon. You dash over to your wife and daughter to take them out of here; to take them home, to safety. As you approach them that 6th sense tells you something is not right. To your horror, you find your wife is bleeding profusely from her left shoulder and there is a blood on the tile floor next to your daughter. You gently move your unconscious wife off of your daughter. Your daughter looks up at you with a pleading look. She is ashen white. She is holding her abdomen and blood is covering her clothes and her hands.

You clearly won the gunfight. But are you prepared for this moment? Be honest with yourself. ***Are you prepared for this moment?*** Do you have the necessary skills sets to keep your wife and daughter alive and stabilized until professional medical personnel arrive? And remember, these days law enforcement won't let the first-responder medical personnel enter the scene until they are ***certain*** it is safe. How long might that take? You have no way to know – so you better be able to keep your family alive until that time comes. We're going to teach you how to do that!

Example #2: You stop at convenience store to grab a snack and a cold drink one night. As usual, you are in "condition yellow". However, because it is brightly lit inside the store, and less so outside, you cannot see clearly beyond the front window glass. You make your selections and walk toward the cashier area. There is one person ahead of you paying for his merchandise. As you're waiting for your opportunity to step forward and place your items on the counter, the glass doors open and two men rush in wearing ski masks and holding pistols.

You have nowhere to go (without possibly getting shot for moving) and there is no way to get your gun out without inviting one or both perps to shoot you. You stand still; ready to act. The other customer is cowering down on the floor in front of the

register. One of the shitbags begins yelling at the clerk. The second shitbag is watching you and his buddy.

Suddenly the clerk comes up with a revolver and starts blasting away at shitbag #1. As soon as you see the gun come above the counter you dart for the nearest isle while reaching for your pistol. As you head into the isle something slams into your left arm, spinning you around. You lose your footing and crash to the floor with your gun in your hand. You're lying on your back pointing your weapon past your knee at the entrance to the isle. You're aware something is wrong with your left arm. You're down, you're wounded, and you're disoriented. You have one thought in your head; anything or anyone that comes around that corner into your isle is getting shot!

What seems like an eternity passes. (In reality only about 10 seconds.) Nothing happens; no more gunfire; no running footsteps; nothing. Your firing arm is shaking. You're feeling really odd. You lower the pistol a bit and look around. In the convex surveillance mirror on the wall you can see the cashier area. No one is there. It looks deserted.

You look at your left arm. Just above the elbow it's at an unnatural angle and blood is steadily oozing from something that looks more like a gash than a hole.

You set your pistol down on the floor right next to you and pull out your cell phone. You dial 911. Your hand is shaking so badly it takes you three attempts to get 911 entered correctly. Thankfully you engage the "speaker" feature on the first try. You set the phone on the floor next to your pistol, waiting for someone to answer. It keeps ringing.

You will not survive long unless you take the proper actions. Do you know exactly and precisely what to do? "Guessing" or "I think I would..." isn't going to save you. Do you KNOW what needs to be done to stay alive?

Example #3: You and several buddies are enjoying Boys Night Out. You leave a restaurant and start walking down the street to a pool hall. You suddenly hear a woman scream. You all look across the street. Several feet into the shadows, down an alleyway, you see what appears to be a number of gangster-looking characters. As you watch it appears one of them punches what looks like a woman in the face and the screaming stops. Several of the gangsters-looking fellows grab her and drag her deeper into the alley, and deeper into the shadows.

All of you look around at one another. As if on queue, you all start walking across the street; all but one. As you glance back you see that one of your group, a friend who doesn't train and doesn't carry a firearm, is still standing on the sidewalk. He says to you, "I'm not going in there." You respond, "OK. Call the cops. Let them know what we saw. When they arrive make sure you give them a full description of all of us good guys." You jog across the street to catch up with the other men.

You discover that the alley is now empty. The group of gangsters has moved deeper into an area that's unfamiliar to you. The men in the group all agree they will not leave the woman to the thugs. Just then the screaming starts again. Your group follows the screams into the unknown. As you advance you notice that your surroundings are long vacant industrial buildings; many with doors and windows missing.

The screams appear to be coming from inside one of the abandoned buildings. Your group moves into the building, guns out and at the ready. You all work your way toward the screams, some of them now sounding more like loud whimpers. In a large open area you spot the woman and the gangsters. There isn't a lot of light but it is clear that the woman has been beaten and a gang rape is taking place. All of the men in your group are "sheepdogs" so it never occurred to any of them to leave this woman to her evident fate.

While staying in the shadows, one of your group starts giving commands to the gangsters. "DON'T MOVE! KEEP YOUR HANDS IN PLAIN SIGHT!" Two things happen simultaneously. The gangsters immediately sprint away into the darkness. At the same time gunfire erupts from the shadows all around. It is instantly apparent there were other gang members in the shadows who were not visible to your group. Your group does it's best to return fire toward the muzzle flashes. Two of your group dash forward toward the woman. One starts laying down fire where he imagines the gangsters are while the other scoops up the woman in his arms. They both run back toward the shadows where they know their buddies are.

Just as they get close to the shadow line a shot rings out and the man without the woman in his arms suddenly bucks strangely and crashes to the ground. His running momentum carries him forward; skidding on his torso into the shadows. Suddenly you hear, "Jim is hit! Jim is down!"

Based on previous training everyone immediately makes a wide perimeter to protect Jim while one of the men starts performing an injury survey on him. Several things become quickly apparent.

1. The bullet that struck Jim in the back of the thigh as he was running shattered his femur and he is bleeding profusely.
2. You realize the group cannot stay here. This is "their turf", not yours. They will be back with more gangsters and more guns – soon! If the group stays here, the group dies here.
3. Jim must be stabilized.
4. Jim cannot walk.
5. You have a completely unhinged female victim who cannot remain silent for more than a few seconds before the panic grips her again and she starts yelling.
6. Your group should be moving out within 3 minutes.

Do you currently possess the skills to get Jim, yourself, your buddies, and the female victim all the way back out to the safety?

How will you stabilize Jim so he survives? What must you do to his leg to save his life? How will you move him since he cannot walk; you don't have a stretcher or wheelchair and emergency carry positions like the "fireman's carry" are almost impossible with a shattered femur? Do you know how to correctly deal with the female victim so she is not giving your position away every few seconds?

The Armed Citizen's Tactical Medicine event will give you these medical and critical thinking skills!

NOTE: The examples are obviously contrived. You may be saying to yourself that you'd never wind up in that position. Hopefully you're right! But don't let the contrived nature of these examples cause you to miss the larger message. What if it's simply a traffic accident on a dark lonely road and you have to keep your wife (or yourself) alive until paramedics get there? What about an accident on a boat in a rural area? There are an untold number of different situations in which you may need to keep yourself or your loved ones alive – with nothing but what is nearby – until the professionals get there. What are the consequences of not knowing how to do that?

Day 1

Because the course name has the word "tactical" in it, we'll start by getting you tuned up on the range! We'll dial your shooting skills in and work on shooting from unconventional body positions. Remember, when you've got a "man down" you don't always get to choose the location from which you will fight.

Once we're done on the range we'll head to the classroom (which is great because being outdoors in Nevada in August is not the most fun a person can have). The rest of day 1 will be spent learning each individual medical skill set. You will be taught not only how to take these measures with proper medical gear, but how do the same (or similar) thing with only what you have handy.

Want to know how to seal a chest wound with what is in your wallet? We'll show you how! Want to get an indicator of what your patient's blood pressure is without a blood pressure cuff? We'll show you how to do that! Want to know how to use common items to make an *effective* tourniquet that will save a life? (There is a ton of really bad information out there about tourniquets and their use. We'll clear that up for you.) We'll show you how!

Day 2

You'll spend the morning in the classroom. The morning training will culminate with each student performing the "primary and secondary survey" on an injured victim, with the presumption that you are under fire or may come under fire at any moment. The "primary and secondary survey" is where you will bring together all the individual skills sets you acquired during the class. This where you find out how much you've retained of the information and how effectively you can apply it.

The afternoon of day 2 will be spent outside on a 360-degree bay. You will **not** be directly in the sun all afternoon. You will continue to work your "primary and secondary survey" skills, but you will also be called upon to perform them in a more realistic environment.

You will not be alone. You will have others with you to assist in moving the victim (if necessary) and to provide armed cover while you work. You will be hot and sweaty. Your patient will be hot and sweaty. You will have to perform your surveys and rendering the required treatment with sweat running into your eyes. And you'll need to be communicating with your victim (if conscious) as well as your teammate(s) - while still performing your medical tasks. You will be neither happy nor comfortable. (I promise!) In other words, you will be performing tasks that are new to you; that you've only practiced several times; while under pressure; in the heat; with someone shooting at (or near) you. If you can perform well in that environment, you will likely perform well enough in the real circumstance, should you need to do so. GOOD TRAINING!!!!

CDG's Primary Medical Instructor

Your primary medical instructor has been a Navy corpsman for 17 years. For 13 years he was assigned to Marine Force Recon (Special Ops). He deployed with Force Recon to Iraq and Afghanistan 5 times.

He is Airborne qualified, including HALO & HAHO. He has attended numerous schools, including Special Operations Medical Sergeants Course, Operational Emergency Medical Skills Course, Combat Trauma Management, Force Reconnaissance Independent Duty Corpsman Course, as well as desert, mountain and jungle warfare combat trauma courses. Additional training includes, closed circuit diving operations, land navigation, MOUT, desert, jungle and mountain warfare and survival skills, as well as Special Operation small unit assault school.

I could burn up another page with his impressive credentials, but I think you get the gist. (He's a big sissy!)

Event Dates: August 25 & 26, 2012

Event Location: Front Sight, NV. (Just outside Pahrump, NV. 45 mins from Las Vegas)

Cost: \$300.00 per student.

Who Can Attend: Anyone! If an attendee has not had some minimum amount of professional instruction in firearms, that person will not participate in the shooting portion, but will participate fully in the rest of the course.

For an application and payment details email office@combatdynamics.net.
(Website is currently under development.)

NOTE: Of necessity, this course involves quite a bit of touching. There is no way to complete the “surveys” without being touched or you touching others. It’s the nature of the beast; you’ll be physically searching for injuries. If you have an issue with being touched you may consider bringing someone with you to serve as your designated partner during the course so you’ll feel less self-conscious about being touched.